

DIRECT ANTERIOR APPROACH WITH A SHORT HIP STEM SYSTEM

Course Overview

The direct anterior approach for total hip replacement is a minimally invasive approach that allows for hip replacement procedure without detachment of muscle from the pelvis or femur. Direct anterior approach has the potential to minimize the amount of time from surgery to recovery and utilize less post-operative hospital resources. The Metha[®] short hip stem offers the same range of benefits for minimally invasive procedures and muscle sparing techniques. Metha's design in combination with direct anterior approach allows for a much less invasive procedure and faster recovery than traditional stems. Another advantage to using Metha with direct anterior approach is it generally does not require the use of a table extension in every case.

Course Objectives

Aesculap's Direct Anterior Approach course will focus on the surgical approach in combination with the Metha short hip stem. Experienced instructors will share their knowledge with the implant and participants will get the opportunity to practice the technique in small groups. Computer-assisted total hip replacement with Aesculap's OrthoPilot will also be presented at the course.

AGENDA

- 8:00 AM Registration / Breakfast / Welcome
- 8:30 AM Direct Anterior Approach Techniques and Pitfalls
- 9:05 AM Metha Short Hip Stem Concept and Biomechanics
- 9:35 AM Metha Short Hip Stem Technique and Surgical Video
- 9:50 AM Break
- 10:00 AM Cadaver Workshop
- 12:00 PM Lunch/ Case Presentations
- 1:00 PM Adjourn